



MINUTES

April 27, 2023

Regular Meeting of the Board of Directors

Camarillo Health Care District
3615 E. Las Posas Rd. Camarillo, CA 93010
Sequoia Rooms

Board of Directors - Present

Tom Doria, MD, President
Neal Dixon, MD, Vice President
Paula Feinberg, Clerk of the Board
Christopher Loh, MD, Director
Louanne Kroell, PT, Director

Staff - Present

Kara Ralston, Chief Executive Officer
Sonia Amezcua, Chief Administrative Officer
Brandie Thomas, Clerk to the Board

Participants

Shalene Hayman, *Hayman Consulting*

1. **Call to Order and Roll Call** - The Regular Meeting of the Camarillo Health Care District Board of Directors was called to order on Thursday, April 27, 2023, at 11:36 a.m., by Tom Doria, President.

2. **Pledge of Allegiance** – Director Doria

3. **Amendments to the Agenda** - None

4. **Public Comment** – None

5. **Consent Agenda**

It was **MOVED** by Director Doria, **SECONDED** by Director Dixon, and **MOTION PASSED** that the Board of Directors approve the Consent Agenda as presented.

ROLL CALL VOTE: **Ayes:** Doria, Dixon, Feinberg, Loh, Kroell **Nays:** **Absent:**

6. **Action Items**

8-A. Review/ Discussion/ Action - Annual review; Consideration, Discussion, and approval of Resolution 23-05, Amending District Bylaws, Article III, Section 1, Number, Qualification and Terms of Office.

It was **MOVED** by Director Feinberg, **SECONDED** by Director Loh, and **MOTION PASSED** that the Board of Directors approve Resolution 23-05, Amending District Bylaws, Article III, Section 1, Number, Qualification and Terms of Office.

ROLL CALL VOTE: **Ayes:** Doria, Dixon, Feinberg, Loh, Kroell **Nays:** **Absent:**

8-B. Review/ Discussion/ Action – Consideration, discussion, and recommendation for approval of District Resolution 23-04, declaring May 2023 as Older Americans Month.

It was **MOVED** by Director Feinberg, **SECONDED** by Director Dixon, and **MOTION PASSED** that the Board of Directors approve District Resolution 23-04, declaring May 2023 as Older Americans Month.

ROLL CALL VOTE: Ayes: Doria, Dixon, Feinberg, Loh, Kroell Nays: Absent:

8-C. Review/ Discussion/ Action – Consideration, discussion, and recommendation for approval of District Check Register, Check Register Comparison, Financial Reports, and monthly Investment and Designated Reserve Report for period ending March 31, 2023.

It was **MOVED** by Director Loh, **SECONDED** by Director Feinberg, and **MOTION PASSED** that the Board of Directors approve District Check Register, Check Register Comparison, Financial Reports, and monthly Investment and Designated Reserve Report for period ending March 31, 2023.

ROLL CALL VOTE: Ayes: Doria, Dixon, Feinberg, Loh, Kroell Nays: Absent:

7. CEO Report

- The District has been awarded a \$6,000 CDBG grant from the City of Camarillo to develop a pilot program to mobilize the popular VR programming into RCFE (residential care facilities) and similar assisted living environments. This grant is for the 2023/24 funding cycle.
- The District has been awarded a two-year \$338,000 grant from the VCAA under the OARR program, which is Older Adult Recovery & Resilience. This funding will help expand legal services and education to assist older adults and older adults with disabilities with a variety of legal problems/concerns, including elder fraud & scams, elder abuse, advance directives, hiring an in-home caregiver, housing rights and general public benefits, estate planning, conservatorship and capacity, nursing home issues, and other legal matters impacting these populations.
- The District was invited to present the *Dementia Live* program to the VC District Attorney's office and trained 20 staff:13 DAs of varying ranks including 2 Supervising Senior Deputies and 3 Senior Deputies,1 Supervising Victim Advocate, 3 Victim Advocate, 1 Law Clerk, and a couple of people from the Family Justice Center Development and ARC.
- With CDPH and CCL restrictions COVID restrictions further lifted March 1, the day center can now operate without capacity restrictions, without proof of vaccination, and with masks recommended rather than required.
- The District participated on a panel at CSUCI through their CSUCI HeaLS: Healthcare Leadership Symposium. The topic was The Aging Population, and the District was represented by Clinical Services Director Lynette Harvey. As a side note, the District currently employs five CSUCI alumnae including Sonia Amezcua and Blair Barker, who is also an adjunct professor in the Health Services department.

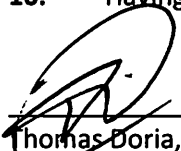
- The District is participating in the 2nd annual Master Plan for Aging-Ventura County event May 11 at the VCOE, from 8:00am-12:30pm. This event is in response to California Governor Newsom's executive order for California to develop a master plan for aging. Through that work, a Ventura County task force determined to also develop one specific to Ventura County, and the District is a founding member. Ventura County is the only county in California that has developed its own Master Plan.
- The District is excited to welcome the SMARTfit program expected to begin in July 2023. SMARTfit is a cognitive strengthening/body strengthening program utilizing engaging games. It will produce evidence-based data which validates progress and motivates continued effort by training the body and brain together. This programming is available to all ages and we look forward to engaging different populations through this next step in the Fall Prevention series.

8. **Board President's Report** – None

9. **Board Members Comments** –

- Director Dixon suggested moving the Check Register and comparison to the consent agenda to have efficient meetings. Director Doria suggested keeping the financial report all together. CEO Ralston suggested that the May 2023 regular meeting keep the financial report intact but have verbal report on only the "Actual to Annual" financial statement, rather than on all three comparisons, which would save more time than moving the check register alone. There was consensus to try that in May.

10. Having no further business this meeting was adjourned at 12:54 p.m.



Thomas Doria, MD
President