



## MINUTES

July 27, 2023

### Regular Meeting of the Board of Directors

Camarillo Health Care District  
3615 E. Las Posas Rd. Camarillo, CA 93010  
Sequoia Rooms

#### Board of Directors - Present

Thomas Doria, MD, President  
Neal Dixon, MD, Vice President  
Christopher Loh, MD, Director  
Louanne Kroell, PT, Director

#### Staff - Present

Kara Ralston, Chief Executive Officer  
Sonia Amezcua, Chief Administrative Officer  
Brandie Thomas, Clerk to the Board

#### Participants

Aleks Giragosian, Esq., *Colantuono Highsmith  
Whatley, PC*

#### Participants

Rick Wood, *CSDA Financial Services*  
Shalene Hayman, *Hayman Consulting*

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1. **Call to Order and Roll Call** - The Regular Meeting of the Camarillo Health Care District Board of Directors was called to order on Thursday, July 27, 2023, at 11:32 a.m., by Thomas Doria, President.
  2. **Pledge of Allegiance** – Director Loh
  3. **Amendments to the Agenda** - None
  4. **Public Comment** – None
  5. **Presentations/Acknowledgements**
    - *The Arc of Ventura County presented on resources available from the agency.*
    - *The Autism Society Ventura County presented on resources and community events.*
  6. **Consent Agenda**

It was **MOVED** by Director Doria, **SECONDED** by Director Loh, and **MOTION PASSED** that the Board of Directors approve the Consent Agenda as presented.

**ROLL CALL VOTE:** Ayes: Doria, Dixon, Loh, Kroell      Nays:      Absent:

7. **Action Items**

**9-A. Review/ Discussion /Action:** Consideration, discussion, and recommendation for approval to receive and file the District Check Register, Check Register Comparison, Financial Reports, and monthly Investment and Designated Reserve Report for period ending June 30, 2023.

Director Loh left the meeting at 12:34 p.m. and returned to the meeting at 12:36 p.m.

It was **MOVED** by Director Loh, **SECONDED** by Director Dixon, and **MOTION PASSED** that the Board of Directors approve to receive and file the District Check Register, Check Register Comparison, Financial Reports, and monthly Investment and Designated Reserve Report for period ending June 30, 2023.

**ROLL CALL VOTE:**   **Ayes:** Doria, Dixon, Loh, Kroell       **Nays:**       **Absent:**

**8.    CEO Report**

- The District has been notified of selection for the CSDA “Innovative Program of the Year” Award, Small District Category, for the “Adventures in VR” program to address loneliness, isolation and risk of depression. Team members will receive the award at the annual conference in August 2023; Director Loh will also attend.
- “Adventures in VR” has also been embraced by the City of Camarillo and received CDBG funding to mobilize the VR program into SNFs, assisted living units and other similar settings. The first “mobilization” will take place this Friday.
- As a by-product of the award and the popularity of this programming, the district has been requested to present “Adventures in VR” as the keynote speaker at the General Session at the ACHD Conference in September.
- Assemblymember Jacqui Irwin’s COVID appropriation was responsible for seed funding of the BalanceFit series of programs as well as the VR programming as a way of addressing pandemic-related community relief and recovery. She will tour the district on August 10<sup>th</sup>.

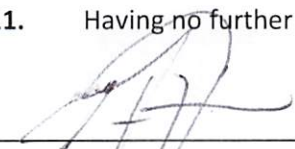
**9.    Emerging Opportunities GC 54954.2, (a)(1)**

- The Board discussed development and ideas for an Ad Hoc Committee addressing the special needs population.

Director Kroell left the meeting at 1:13 p.m.

**10.   Board Reports – No reports**

**11.**   Having no further business this meeting was adjourned at 1:22 p.m.

  
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Thomas Doria, MD  
President