



MINUTES

October 26, 2023

Regular Meeting of the Board of Directors

Camarillo Health Care District
3615 E. Las Posas Rd. Camarillo, CA 93010
Sequoia Rooms

Board of Directors - Present

Thomas Doria, MD, President
Neal Dixon, MD, Vice President
Paula Feinberg, Clerk of the Board
Christopher Loh, MD, Director
Louanne Kroell, PT, Director

Staff - Present

Kara Ralston, Chief Executive Officer
Sonia Amezcua, Chief Administrative Officer
Brandie Thomas, Clerk to the Board

Participants

Aleks Giragosian, Esq., *Colantuono Highsmith
Whatley, PC*

Participants

Rick Wood, *CSDA Financial Services*
Shalene Hayman, *Hayman Consulting*

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1. **Call to Order and Roll Call** - The Regular Meeting of the Camarillo Health Care District Board of Directors was called to order on Thursday, October 26, 2023, at 11:29 a.m., by Thomas Doria, President.
 2. **Pledge of Allegiance** – Director Doria
 3. **Amendments to the Agenda** - None
 4. **Public Comment** – None
 5. **Presentations/Acknowledgements**
 - *Certificate of Recognition honoring CEO Kara Ralston for 25 years of distinguished service with the Camarillo Health Care District. Ms. Ralston is the longest-serving employee in the district's history.*
 6. **Consent Agenda**

It was **MOVED** by Director Dixon, **SECONDED** by Director Feinberg, and **MOTION PASSED** that the Board of Directors approve the Consent Agenda as presented.

ROLL CALL VOTE: **Ayes:** Doria, Dixon, Feinberg, Loh, Kroell **Nays:** **Absent:**

7. **Action Items**

9-A. Review/ Discussion /Action: Consideration, discussion, and recommendation for approval of the Disclosure of Reimbursement Report for fiscal year 2022/2023, District Policy 1120.

It was **MOVED** by Director Loh, **SECONDED** by Director Doria, and **MOTION PASSED** that the Board of Directors approve the Disclosure of Reimbursement Report for fiscal year 2022/2023, District Policy 1120.

ROLL CALL VOTE: Ayes: Doria, Dixon, Feinberg, Loh, Kroell Nays: Absent:

9-B. Review/Discussion/Action: Consideration, discussion, and recommendation for approval District Resolution 23-11, Amending District Bylaws, Article III, Section 3, Compensation; and Article VI, Section 2, Standing Committees of the Board.

It was **MOVED** by Director Doria, **SECONDED** by Director Dixon, and **MOTION PASSED** that the Board of Directors approve District Resolution 23-11, Amending District Bylaws, Article III, Section 3, Compensation; and Article VI, Section 2, Standing Committees of the Board.

ROLL CALL VOTE: Ayes: Doria, Dixon, Feinberg, Loh, Kroell Nays: Absent:

9-C. Review/Discussion/Action: Consideration, discussion, and recommendation for approval of District Resolution 23-10, Recognizing November 2023 as National Family Caregivers Month.

It was **MOVED** by Director Doria, **SECONDED** by Director Dixon, and **MOTION PASSED** that the Board of Directors approve District Resolution 23-10, Recognizing November 2023 as National Family Caregivers Month.

ROLL CALL VOTE: Ayes: Doria, Dixon, Feinberg, Loh, Kroell Nays: Absent:

8. **Emerging Opportunities** GC 54954.2, (a)(1)

- President Doria, Vice President Dixon, and CEO Ralston attended a meeting convened by Camarillo City Council members and staff, along with representatives from the Pleasant Valley Recreation and Parks District to discuss an emerging collaborative opportunity called "Healthy Camarillo". The initiative is focused on community engagement with the goal of enhancing lifestyle choices to improve overall sense of well-being. A follow-up meeting has been offered for early December 2023.

Director Kroell left the meeting at 12:40 p.m.

9. **Reports**

- **Board President Comments** – None
- **Board Member Comments** – Director Loh reported that he attended the CSDA conference and enjoyed the speaker and courses offered. Emphasizing the benefits of the information provided, he encouraged other board members to attend future educational opportunities.
- **Finance/Investment Committee** – Director Loh confirmed review of the quarterly reports. Financial advisor Rick Wood discussed his recommendation for paying down the GASB 68

obligation before January 31, 2024, in the amount of \$1,500,000 to achieve 80-90% funded status.

- **Health Insurance Premium Ad Hoc Committee** – Director Dixon reported study continues regarding updating the employer contribution to health insurance premiums; next committee meeting is scheduled for November 2, 2023.
- **Program & Opportunity Committee** – Study continues regarding the development of CPR services at no charge for constituents age 13 and older. Building program implementation structure continues with vendors providing bids for cost, scheduling, and class structure.
- **CEO Report**
 - The Adult Day Center continues to climb toward recovery following three years of varying degrees of closure due to the COVID-19 pandemic and has already reached the half-way mark in enrollment during the first quarter of the fiscal year.
 - CEO Ralston gave brief reports on the District's social media presence and success of those campaigns including 13,000 impressions on NextDoor; 1,976 impressions on a single Facebook post; 38,000 page views on the District website; and, over 2,400 e-newsletters sent with more than 1,000 read. Ralston encouraged board members to visit all the district's social media platforms and the website.
 - The Senior Nutrition Program had 20 new enrollments for September, a continuing growth trend that prompted a \$90,000 increase in the VCAAA contract to operate the meals program.
 - The district will be participating in the Camarillo Police Department's first annual Trunk or Treat event; the Camarillo Police Department allows the District fleet to park in their parking lot overnight and on weekends for added security.

10. Having no further business this meeting was adjourned at 1:05 p.m.



Thomas Doria, MD
President